

Chicken cat food (need a grinder for this)

Note: this recipe is based off [Ann Jablonski's](#) research, which is based off [Dr. Lisa Pierson's](#). My modification is to section-off the ingredients to simplify the effort: divide and conquer...

Dry ingredients

1	800 IU dry vitamin E 4000 mg taurine 4 capsules glandular 200 mg vitamin B 50 1.5 tsp lite salt	Combine dry ingredients in a small mixing bowl, set aside.
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Wet ingredients

2	4 lg raw egg yolks 2 c water 4000 mg salmon oil	Combine wet ingredients in a small mixing bowl, then cover and place in containers in the fridge.
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Meat ingredients

3	4.4 lbs raw chicken with bone 14 oz raw chicken heart 7 oz raw chicken livers	Grind all meat ingredients placing a large mixing bowl beneath the grinder spout (tip: mix before going through the grinder to help distribution before mixing all the rest).
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Last ingredient

4	1 packet unflavored gelatin
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After preparing the above in three separate bowls (dry, wet and meat), place the mixing blade on a kitchen mixer and fill the mixing bowl with layers of each: meat, wet and dry ingredients and repeat til all ingredients are in (layering helps even mixing). Once mixed and with mixer still going, sprinkle-in gelatin. Portion into small containers and freeze, keeping 1-2 cups per kitty in the fridge (ready to eat) at all times.

Chicken cat food (with no grinder needed)

If buying a grinder is holding you back, try this easy recipe. **Primal™ Chicken Grind** is essential (they include fresh ground chicken bone). If you don't buy a grinder, do insist with your pet supply to obtain the Primal!

Dry ingredients

1	1600 IU dry vitamin E 8000 mg taurine 4 capsules glandular 4 capsules stress B complex 2 tsp light iodized salt	Combine dry ingredients in a small mixing bowl, set aside.
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Wet ingredients

2	10 raw egg yolks 2 c water 2 tsp salmon oil	Combine wet ingredients in a small mixing bowl, then cover and place in containers in the fridge.
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Meat ingredients

3	Two 5 lb chubs of Primal chicken grind .5 lb chicken thigh meat, cut in dime-sized chunks	Mix all in a large mixing bowl. Chicken thigh chunks are for added freshness and texture.
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Last ingredient

4	2 packets unflavored gelatin
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After preparing the above in three separate bowls (dry, wet and meat), place the mixing blade on a kitchen mixer and fill the mixing bowl with layers of each: meat, wet and dry ingredients and repeat til all ingredients are in (layering helps even mixing). Once mixed and with mixer still going, sprinkle-in gelatin. Portion into small containers and freeze, keeping 1-2 cups per kitty in the fridge (ready to eat) at all times.

How this recipe was calculated

CA-to-P ratio of [Primal Chicken Grind](#) is 1.6:1 and the remaining ingredients containing CA and P is 1:4.6 [160oz grind (1.6:1) + 14oz thigh/yolk (1:4.6) = 1.2:1]

	Ingredient	Unit of Measure	Grams	Calcium	Phosphorous
1.	Chicken thigh	8 oz.	227	16	419
2.	Egg yolks	10 large (6 oz.)	170	219	663
Total				235	1082

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